

MEET THE SPEAKER

The Work: A Journey of
Experiential Therapy and
Rites of Passage for Men

Keith L. Brooks

Chicago State University MSW Candidate

Panelist & Facilitator

Current CSU MSW Student

Regis University, B.A. Sociology

Concordia University, M.A. in Athletic Administration



BIOGRAPHY

Keith L. Brooks has served as a Youth Intervention Specialist, Athletic Director, basketball coach, and Curriculum Specialist with Youth Guidance's Becoming A Man (BAM) program. These experiences have strengthened his commitment to mentorship, social-emotional learning, restorative justice, trauma-informed practices, and transformative leadership. He is passionate about addressing community violence, mental health disparities, educational inequities, and the challenges facing Black and Brown youth and young adults throughout Chicago. His work and personal affiliations have reinforced his belief that healing, mentorship, emotional intelligence, and culturally responsive support are essential components of sustainable community transformation. His professional philosophy is rooted in empathy, integrity, cultural humility, transformative leadership, and the belief that meaningful change begins with authentic relationships. As he continues his journey toward becoming a clinical social worker, his goal is to integrate his professional experience, education, and commitment to brotherhood and service to empower individuals, strengthen families, and create lasting positive change.

Alumni Speaker Series — Fall Presentation

November 19th | 6:00-7:30 PM
GBL 4th Floor Auditorium

Free | CEUs Available

SCAN TO REGISTER

