
Compassion

Definition

Genuinely cares about people; is concerned with their academic and non-academic problems; is available and ready to help; demonstrates real empathy with the joys and pains of others.

Key Words: Empathetic, Compassionate, Understanding

Behavioral Indicators:

1. Understands emotional components behind complex situations.
 2. Puts oneself in others' shoes.
 3. Respectful and considerate of others' point of view.
 4. Touched or concern for another person's situation
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PROFICIENCY LEVEL: Compassion

Level I

- Shows a healthy concern for others
- Fairly good at understanding feelings, emotions
- Spots the needs of others
- Tries to help when people
- Cares about how those around him/her are doing
- Tries to help when people approach with a problem

Level II

- Good at picking up other people's feelings
- Supportive during times of distress or anguish
- Put's others' feelings first when necessary
- Makes a point to understand a person's personal situation
- Can articulate the joy and pains of others

Level III

- Thinks of others' need first
 - Never hesitate to go the extra mile to help other people
 - Remarkable ability to put himself/herself in other people's shoes
 - Sought out by others because of his/her empathy, compassion
 - Has an instinct for detecting the joys and pains in others
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