

PRESENTED BY:

THE CSU WELLNESS CENTER : WELLNESS AMBASSADORS

BREAKING BARRIERS: DIAMONDS UNDER PRESSURE

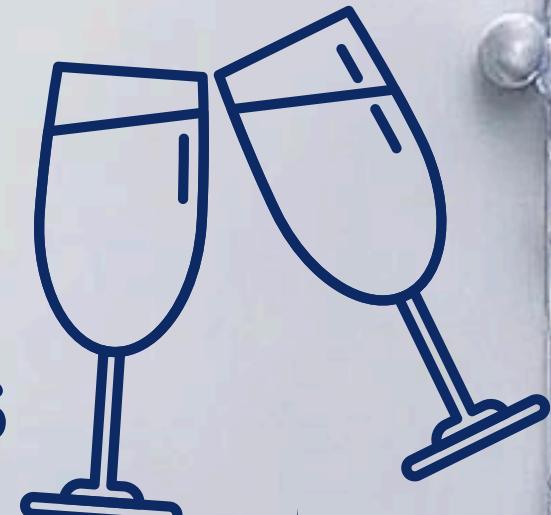
SIP & SPARKLE

FEATURING COLLABORATION WITH:
THE ORGANIZATION OF LATIN AMERICAN STUDENTS
(OLAS)

**A mindfulness diamond-painting event that
symbolizes how challenges and pressure can
transform us into something stronger, brighter,
and more confident.**

SUB: Rotunda

Wednesday Jan 28, 2026
4-6PM



FREE DIAMOND PAINTING, MOCKTAILS, SNACKS,
AFFIRMATIONS, AND GOOD VIBES!

