

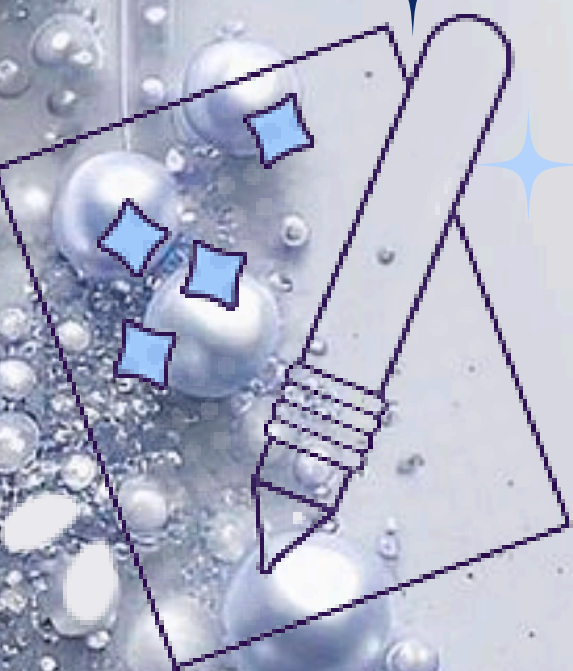
PRESENTED BY:
THE CSU WELLNESS CENTER : WELLNESS AMBASSADORS

BREAKING BARRIERS:
DIAMONDS UNDER PRESSURE

✧ SIP & SPARKLE ✧

FEATURING COLLABORATION WITH:
THE ORGANIZATION OF LATIN AMERICAN STUDENTS
(OLAS)

**A mindfulness diamond-painting event that
symbolizes how challenges and pressure can
transform us into something stronger, brighter,
and more confident.**



SUB: Rotunda
Wednesday Jan 28, 2026
4-6PM



***FREE* DIAMOND PAINTING, MOCKTAILS, SNACKS,
AFFIRMATIONS, AND GOOD VIBES!**

