



CHICAGO STATE
UNIVERSITY

DIVISION OF
CONTINUING EDUCATION
AND NONTRADITIONAL PROGRAMS

OPTIONS

THE PROGRAM OF CHOICE FOR LIFE-LONG LEARNING

WINTER 2024 • SATELLITE CAMPUS

8-WEEK FALL SESSION BEGINS SATURDAY, NOVEMBER 2, 2024
REGISTRATION IS OPEN!

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CHICAGO STATE UNIVERSITY

OPTIONS | CONTINUING EDUCATION PROGRAMS | WINTER 2024

Options

TABLE OF CONTENTS

Workforce Development WIOA Approved Courses	2
Degree Program Information	12
Community Offerings Satellite Campus	14
Registration and General Information	16



Welcome to Winter 2024 Options! We are excited to expand our footprint in the community with the Grand Opening of our satellite site in the Gift of Hope Building. We will continue to offer academic, enrichment and workforce courses to help you learn something new or do something better. Our courses and activities are stimulating and fun and taught by experienced professionals who enjoy introducing others to their subjects.

Workforce Development WIOA Approved Courses

Agile/Scrum/Product/Project Management-Bundle (Online)

This program contains several certifications which are immensely popular with employers: Agile Boot Camp (ABC), Certified Scrum Analyst (CSA), and Certified Product Analyst (CPA). These courses will prepare the participants to meet the challenges of today's IT environment with these certifications. These courses are also for non-IT professionals. Anyone who is new to Agile and wants to transition his/her career from traditional professions like Accountant, Customer Service Representatives, Business Analyst, Project Managers, Program Managers, Directors, Human Resource Managers, Developers, etc. these programs cater their needs. After attending this training program, professionals can expect to find the jobs in Agile/Scrum field as: Scrum Master Product Owner Agile Project Manager Product Manager Agile Scrum Master Agile Business Analyst.

Students that qualify for WIOA can receive a tuition waiver.

Agility Cert-Certified Enterprise Agility Coach (CEAC) (Online)

The course focuses on four distinct aspects in an integrated fashion: Leadership, Practices, Systems, and Culture. This is to equip enterprise agility coaches and leaders with the skill to ensure smoother agile transformation. The training also focuses on enhancing learner's skill in servant leadership, organizational change, lean thinking, and professional coaching. Some of the elements that participants will learn during the workshop are: How organizational culture, structure, and dynamics impact agile transformation efforts and how an Enterprise Agility Coach could adjust his/her strategy to achieve both team level and enterprise/business agility. How to improve the ability to design and implement a successful and sustainable organizational transformation that would deliver breakthrough end-to-end business, cultural and human outcomes as a successful Enterprise Agility Leader. Processes, skills, tools, and techniques that help to overcome organizational dysfunctions and impediments; how to design a system that would support high-performance, enhance customer focus, and facilitate a higher level of enterprise/business agility. How to assess the maturity of enterprise/business agility components and take actions for improving the status of low maturity components.

Fee \$2,200.00

Certified Medical Assistant (Online)

This online medical assistant program is developed by industry professionals with decades of real-world experience. The over-achieving curriculum for this course trains participants on both routine patient care and clinical office procedures. But it's much more than just training. Its preparation for immediate certification and employment. This medical assistant program will empower participants with the knowledge to earn the Certified Clinical Medical Assistant (CCMA), Certified Phlebotomy Technician (CPT), and Certified EKG Technician (CET) credentials. Most importantly, the training infuses students with the critical skills and confidence to start working and earning right away.

Fee: \$3,799.00

Winter 2024 Options

THE PROGRAM OF CHOICE for LIFE-LONG LEARNING

SATELLITE CAMPUS COURSE OFFERINGS ~ Session Begins November 2, 2024

7936 S. Cottage Grove | Chicago, IL | 60628

FREE PARKING

Clinical Dental Assistant (Online)

This online dental assisting course is the most comprehensive you will find. You will learn about every aspect of professional dental assisting, including invaluable real-world perspectives from experienced dental assistants and essential information about anatomy and physiology, preventive dentistry, patient care, and communication, radiology, pharmacology, anesthesia, assisting in specialty practices, employment strategies, and much more. You will even have the opportunity to explore the basics of maintaining computerized clinical dental records using Dentrax Practice Management software. After completing the course, you will have the opportunity to apply for an externship, through which you will get real-life clinical assistant experience. You will also be ready to pursue certification as a dental assistant by passing the radiology, infection control, and anatomy and physiology portions of the Dental Assisting National Board examinations 6 NELDA or CDA. Once you have gained clinical experience and in-person hours, you will be prepared for the general assisting exam. Clinical Dental Assistant Externship information: Clinical Dental Assistant students have an opportunity to participate in ed2go's optional externship support services program. The application for the externship support program is within the course. You must be 80% complete within the course before you are eligible to reach out to an Externship Team (ET) member for program information. As a Clinical Dental Assistant student, you have up to 6 months after course completion to apply, but please note externships are not guaranteed. Externship expectations are based on current professional certification requirements, which are presently a 300-hour commitment. If you meet all the educational, pre-screening checks, and industry qualifications, including a completed application package, you will be considered for placement based on host site availability. You will need to pass a background and drug screening. You will also be asked to purchase liability insurance and be responsible for purchasing this on your own (\$40 to \$45 for an annual policy). To be considered as an externship candidate, you will need to provide an updated resume, cover letter, current CPR certification, and proof of Hepatitis B vaccinations, or a recent negative Hepatitis B test provided by a doctor. The exams meet 3 of 3 exam requirements for the NELDA certification and 2 of 3 exam requirements for the CDA. If you already have 3,500 hours of clinical experience and wish to pursue the CDA certification, you will need to acquire the General Chairside Assisting exam. The General Chairside Assisting exam is not included in this voucher package. Included vouchers are prepaid access to sit for the exams upon eligibility.

Fee: 3500.00

HVAC/R Technician: (Voucher and Tools Included) Online

If you have more than a year of HVAC/R experience, this course will prepare you for the next step—certification. HVAC/R technicians are in demand, but certified technicians can earn more and have better career opportunities. This HVAC certification online course is designed to equip you with the knowledge and skills to maintain and troubleshoot complex heating, air conditioning, and refrigeration systems. You will be provided with hands-on guidance through videos, reading assignments, service call simulations, and practical applications.

With content aligning with the latest industry standards, you will be prepared for the HVAC Excellence or North American Technician Excellence (NATE) certification exams by the end of this HVAC training course. You will also receive a voucher package to take the HVAC Excellence exams. You can even get EPA certified through the Section 608 Technician Certification. However, please research your state's requirements prior to enrollment to ensure this course is the right fit for you.

As an added bonus, you will be provided with your own 66-piece tool kit, including a trades tool backpack featuring pliers, wrenches, multimeter, and more – all included in your course registration.

This toolkit features tools from well-known tool manufacturers like Channel Lock, Klein Tools, and MidWest Certification Exams.

By course completion, you will be fully prepared to sit for the HVAC Excellence Core and Professional Technician exams, the NATE Core and Specialty Test exams, and the EPA 608 certification exam.

Upon completion of this course, you will receive an HVAC Excellence ESCO Group Voucher Package that includes:

- 1 Principals of Electrical and Refrigeration Theory (Core)* exam voucher
- 1 Professional Technician exam voucher (Residential Air Conditioning recommended)
- 1 EPA 608 exam voucher

*To sit for the HVAC Excellence Core exam, you must provide two years of documented work experience. Exam proctor fees may apply.

Additionally, this course aligns with the following Professional Technician specialty areas (vouchers are not included for the exams below):

- Principals of Electrical and Refrigeration Theory
- Residential Air Conditioning
- Gas Heat
- Electric Heat
- Heat Pump Installer
- Heat Pump Service
- Light Commercial Air Conditioning
- Light Commercial Refrigeration

*Proctor fees may apply

Fee: \$4695.00

Certified Paralegal (Voucher Included) Online

Paralegals play a vital role in the legal profession. These qualified professionals take on a variety of tasks ranging from legal research to drafting legal documents in traditional law office settings and in the corporate, government, and public arenas. Formal training is a critical part of preparing for a career as a paralegal.

The Paralegal course will help you gain the skills you need to enter the paralegal workforce. You will learn how to conduct legal research and legal interviews, how to perform legal analyses, and more. As you prepare for your paralegal career, you will also receive soft skills training to increase workplace effectiveness. The course concludes with a capstone project. You will first create a complete litigation file that includes: a legal analysis brief, an investigative report, client interview checklist, intake memo, complaint, legal research, and interoffice memorandum of law. Then, you will learn how to create a strong resume that encompasses your specialized skill set and showcases the impact you would make for your next employer.

Upon completion of the course, you will be prepared to sit for the Certified Paralegal exam through the National Association of Legal Assistants (NALA) upon eligibility. Please review the exam requirements prior to registering for this course. Through a partnership with the National Association of Legal Assistants (NALA), you will also receive membership and access to NALA's Certified Paralegal (CP) Exam Review courses should you choose to take the NALA CP exam. This course offers enrollment with or without a voucher. The voucher covers the cost to sit for the Certified Paralegal exam upon eligibility. Proctor fees may apply, which are not included.

Fee: \$4500.00

Visit our website for over 300 WIOA approved courses!

<https://www.csu.edu/continuingeducation/WIOA.htm>

ENROLL IN AN ONLINE COURSE THAT LEADS TO AN INDUSTRY-RECOGNIZED CERTIFICATION

Many business sectors have developed industry-recognized certifications to ensure their workforce is equipped with adequate skills and specialized knowledge. Certifications are often seen as the benchmark needed to enter into and advance in specific industries. Prepare for these industries with courses that align to these valuable certifications.



Certification exam costs included

BUSINESS

- Accounts Payable Manager Certification ✓
- Accounts Payable Specialist Certification ✓
- Career Counselor and Life Coach
- Certified Administrative Professional ✓
- Certified Administrative Professional with Microsoft Office Specialist (MOS) Associate ✓
- Certified Administrative Professional with Microsoft Office Specialist (MOS) Expert Associate ✓
- Certified Bookkeeper ✓
- Certified Credit Counselor ✓
- Certified Credit Counselor and Certified Financial Health Counselor ✓
- Certified Financial Health Counselor ✓
- Certified Global Business Professional
- Certified Green Supply Chain Professional ✓
- Certified Internal Auditor
- Certified Internal Auditor with Microsoft Excel ✓
- Certified Quality Auditor ✓
- Certified Quality Engineer ✓
- Certified Quality Improvement Associate (CQIA)
- Certified Supply Chain Professional + Freight Broker/Agent Training
- Certified Six Sigma Black Belt
- Certified Six Sigma Green Belt ✓
- Chartered Tax Professional
- Chartered Tax Professional for California Residents
- Chartered Tax Professional with Microsoft Excel ✓
- Court Interpreter (Spanish/English)
- Executive Assistant ✓
- Executive Assistant with Microsoft Office Specialist (MOS) Associate ✓
- Executive Assistant with Microsoft Office Specialist (MOS) Expert ✓
- Financial and Career Coach ✓
- IC3 Digital Literacy G55 ✓
- Human Resources Professional
- Lean Six Sigma Black Belt ✓
- Lean Six Sigma Black Belt with 1-on-1 Project Coaching ✓
- Lean Six Sigma Champion ✓
- Lean Six Sigma Green Belt ✓
- Lean Six Sigma Yellow Belt ✓
- Lean Six Sigma Yellow Belt and Green Belt ✓
- Lean Training ✓
- Nonprofit Manager
- Nonprofit Manager + Professional Grant Writing
- Office Manager ✓
- Payroll Manager
- Payroll Practice and Management
- Payroll Practice and Management with Microsoft Excel ✓
- PMI Agile Certified Practitioner (PMI-ACP)®
- PMI Risk Management Professional ✓
- Professional Grant Writing
- Project Management Essentials with CAPM Prep
- Senior Professional In Human Resources
- Social Entrepreneurship ✓
- Six Sigma Yellow Belt ✓
- Student Loan Counselor ✓
- The Complete Project Manager: CAPM and PMP Prep

COMPUTER APPLICATIONS

- AZ-900: Microsoft Azure Fundamentals ✓
- AZ-104: Microsoft Azure Administrator
- AZ-500: Microsoft Azure Security Technologies
- AZ-900 & 104: Microsoft Azure Fundamental & Administrator ✓
- AZ-900 & 500: Microsoft Azure Fundamental & Security Technologies ✓
- Microsoft Access Certification Training ✓
- Microsoft Excel Certification Training ✓
- Microsoft Office Specialist (MOS) Expert Certification Training ✓
- Microsoft Outlook 2019 Certification Training ✓
- Microsoft Outlook Certification Training ✓
- Microsoft PowerPoint Certification Training ✓
- Microsoft Word Certification Training ✓
- Office Specialist (MOS) Associate Certification Training ✓
- Professional Bookkeeping with QuickBooks Online ✓
- Professional Bookkeeping with QuickBooks Online with Payroll Practice and Management ✓

FITNESS

- ACE Personal Trainer
- ACE Personal Trainer with Fitness and Health Internship
- ACSM Certified Exercise Physiologist
- ACSM Certified Exercise Physiologist with Fitness and Health Internship
- ACSM Personal Training
- ACSM Personal Training with Fitness and Health Internship AFAA Group Fitness Instructor ✓
- NASM Certified Nutrition Coach ✓
- NASM Certified Nutrition Coach + Weight Loss Specialization (CNC, WLS) ✓
- NASM Certified Personal Trainer + AFAA Group Fitness Instructor ✓
- NASM Certified Personal Trainer (Spanish) ✓
- NASM Certified Personal Trainer + Corrective Exercise ✓
- NASM Certified Personal Trainer + Performance Enhancement ✓
- NASM Certified Personal Trainer and Exam Preparation ✓
- NASM Certified Weight Loss Specialization (WLS) ✓
- NASM Certified Weight Loss Coach (CPT, CNC, WLS) ✓
- NASM Corrective Exercise Specialist (CES) ✓
- NASM Performance Enhancement Specialist (PES) ✓
- NCSF Sports Nutrition Specialist ✓
- NCSF Certified Strength Coach ✓

<https://www.csu.edu/continuingeducation/Ed2Go.htm>



INFORMATION TECHNOLOGY

Certified AWS Cloud Practitioner ✓
Certified AWS SysOps Administrator ✓
Certified AWS Developer ✓
Certified AWS Solutions Architect ✓
Certified AWS Cloud Practitioner SysOps Administrator ✓
Certified AWS Cloud Practitioner Developer Associate ✓
Certified AWS Cloud Practitioner Solutions Architect ✓
Certified Ethical Hacker ✓
Certified Information Security Manager (CISM) ✓
Certified Information Systems Auditor (CISA) ✓
Certified Information Systems Security Professional (CISSP)

Certified Penetration Testing Professional (CPent) ✓
Cisco CCNA Certification Training ✓
Cisco CCNP Enterprise: ENCOR & ENARSI ✓
Cisco CCNP Enterprise: ENCOR & ENSLD ✓
Cisco CCNP Enterprise: ENCOR & ENWLSI ✓
Cisco CCNP Security: SCOR & SISE ✓
Cisco CCNP Security: SCOR & SVPN ✓
Cisco CCNP Collaboration: CLCOR & CLICA ✓
CompTIA Advanced Security Practitioner (CASP) ✓
CompTIA Certification Training: A+, Network+, Security+ ✓
CompTIA Certification Training: Network+, Security+ ✓
CompTIA Cloud Essentials+ ✓
CompTIA™ Linux+ ✓

CompTIA Mobility+ ✓
CompTIA Project+ ✓
CompTIA™ A+ Certification Training ✓
CompTIA™ Cloud+ Certification Training ✓
CompTIA™ Network+ Certification Training ✓
CompTIA™ Security+ Certification Training ✓
Help Desk Analyst: Tier 1 Support Specialist
Information Security Training ✓
IT Foundations Bundle ✓
ITIL 4 Foundation ✓
Systems Security Certified Practitioner (SSCP) Training
CompTIA Certification Training: ITF+ and A+ ✓
CompTIA Certification Training: ITF+, A+, Network+, Security+ ✓

HOSPITALITY

Certified COVID Hospitality Compliance Officer (CHCO)
Certified Destination Wedding Planner
Certified Model Know How
Travel Agent Training ✓
Certified Master Wedding and Event Planner ✓

CONSTRUCTION AND TRADES

HVAC/R Technician ✓
HVAC/R Certified Technician ✓
Certified Indoor Environmentalist Prep
Certified Indoor Air Quality Manager

MARKETING AND SALES

Certified Digital Marketing Fundamental ✓
Certified Digital Marketing Professional ✓

MEDICAL

Advanced Hospital Coding and CCS Prep ✓
Advanced Medical Interpreter
Certified Clinical Medical Assistant (CCMA) ✓
Certified Clinical Medical Assistant for Experienced CMAA ✓
Certified Clinical Medical Assistant (CCMA) + Certified Electronic Health Records Specialist (CEHRS)
Certified EKG Technician ✓
Certified Electronic Health Records Specialist (CEHRS) ✓
Certified Health Unit Coordinator ✓

Certified Healthcare and Eldercare Mediator
Certified Inpatient Coder ✓
Certified Medical Transcriptionist ✓
Certified Medical Administrative Assistant (CMAA) ✓
Certified Medical Administrative Assistant with Certified Electronic Health Records Specialist + Medical Terminology ✓
Certified Medical Administrative Assistant with Medical Billing and Coding ✓
Certified Outpatient Coder ✓
Certified Pharmaceutical Sales Representative ✓
Certified Physical Therapy Aide ✓

Certified Phlebotomy Technician ✓
Certified Professional Medical Auditor ✓
Certified Risk Adjustment Coder ✓
Clinical Dental Assistant ✓
Medical Billing and Coding ✓
Medical Billing Specialist ✓
Medical Billing Specialist with Electronic Health Records ✓
Medical Interpreter (Spanish/English)
Medical Office Manager ✓
Patient Care Technician ✓
Pharmacy Technician ✓

MISCELLANEOUS

Adobe Certified Professional ✓
Adobe Certified Professional in Video Design ✓
Adobe Certified Professional in Visual Design ✓
Adobe Certified Professional in Web Design ✓

Certified Legal Secretary
Certified Paralegal ✓
Certified Residential Interior Designer ✓
Certified Technical Writer

Digital Court Reporter
Digital Court Reporter and Legal Transcription
Legal Transcriptionist
Technical Writer Manager



Certification exam prep included

In addition to our certification courses, we offer hundreds of other titles for career training and personal and professional development.

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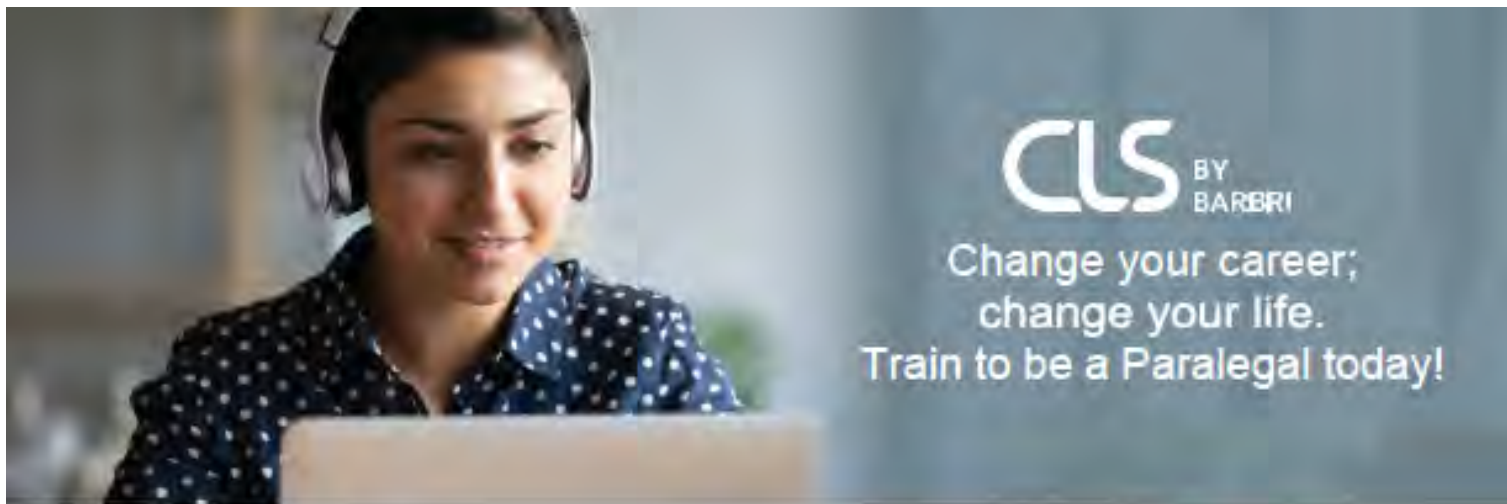
- Computer Technician
- Medical Administrative Assistant
- Medical Assistant
- Medical Billing
- Medical Coding and Billing Professional
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Our courses are among the most affordable in the industry, and payment options are available.
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Continue your education when and where it works best for your schedule and lifestyle.
- 3 Credible**
Earn a certificate from the accredited college or university of their choice and an official digital badge.
- 4 Experienced**
For over 40 years, our courses have been taught by practicing legal professionals.
- 5 Professional**
CLS by BARBRI graduates thousands of job-ready legal support professionals every year.
- 6 Leadership**
We are proud to be part of BARBRI Global. The premier provider of practical legal education in the world.

Paralegal Certificate Course[®]

14 weeks | Starting at \$1,895

This course will provide you with comprehensive knowledge of the American judicial system. But, more importantly, it also teaches you practical skills including how to assist trial attorneys, interview witnesses, investigate complex fact patterns, research the law, and assist in preparing cases for courtroom litigation.

For those looking for a challenging career in a growing market, now is the time to invest in your future, and start your career as a paralegal professional. This course will provide you with the training you need to be ready to work as a paralegal in a variety of industries. In addition to a Certification of Completion, you will earn a digital badge upon successful course completion.

Advanced Paralegal Certificate Course

7 weeks per topic | Starting at \$550

These advanced topics build upon the nationally acclaimed Paralegal Certificate Course[®]. When you successfully complete at least six of the sixteen advanced topics you'll be awarded a Certificate of Completion. You will also earn a digital badge not only for completing the Advanced Course, but for every topic completed.

- Advanced Legal Research
- Alternative Dispute Resolution
- Bankruptcy Law
- Business Law
- Constitutional Law
- Criminal Law
- Criminal Procedure
- eDiscovery
- Education Law
- Estate Planning
- Family Law
- Immigration Law
- Intellectual Property Law
- Real Property Law
- Victim Advocacy
- Water Law

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Agile/Scrum/Product/Project Management-Bundle

Agile Training Programs for

BEGINNERS



- Expert faculty
- No renewal fees
- No membership fees
- Certificate is for Life
- 48 hours of intense learning



- No fluff curriculum
- Pursue at your own pace
- Courses are offered each week
- Practical and relevant training
- Weekdays and week-end options



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Get the knowledge, experience, and credentials to kickstart your career in the fast-growing healthcare industry. Tuition includes:

- Textbooks
- Live Lessons
- Tools & Software
- Certification Exams
- Career Services
- And more!

**PAY AS LOW AS \$243/MONTH
WITH PAY OVER TIME OPTIONS
AND DOWN PAYMENT.**

QUICK FACTS

- Average salary of \$60K
- Nearly 60% of roles can be done remotely
- AAPC-certified individuals earn 17% more*
- No prior medical experience needed

*From their uncertified peers

"It hasn't even been a year since I passed my exam and I've had 3 remote job offers, with no experience."



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EKG Technician

Online Certification Course from Chicago State University

EKG technicians are in demand!

EKG technicians work in physician's offices, hospitals, clinics, and other healthcare facilities and organizations. EKG technicians also work for insurance companies to provide data for health and life insurance policies. Similar to other growing healthcare professions, the demand for EKG technicians is expected to continue to grow substantially.

This program covers topics and processes critical to conducting and interpreting electrocardiograms (EKGs). To begin, learners will review the anatomy and physiology of the heart. From there, learners will go on to explore the technology used such as the EKG machine. Next, participants will learn how to interpret a rhythm strip. And finally, learners will discover the details of a myocardial infarction. Successful completion of this program will help prepare learners to perform the role of EKG technician.

Certification Opportunities

After completing this program, learners will have the option to take the leading national/industry-recognized certification exam(s) essential to entry-level employment in this fast-growing field.

National Healthcareer Association (NHA) Certified EKG Technician (CET)

Condensed Curriculum

eLearning Available On Your Time, Anytime





CHICAGO STATE UNIVERSITY

INDIVIDUALIZED CURRICULUM PROGRAM (ICP)

CHICAGO STATE UNIVERSITY

Chicago State University (CSU) is a comprehensive, nationally accredited university with four colleges offering over 70 degree and certificate programs, ample scholarship opportunities and a vibrant campus life.

INDIVIDUALIZED CURRICULUM PROGRAM (ICP)

The Individualized Curriculum Program (ICP) is designed for adults aged 18 and above who seek an alternative approach to formal education. In this program, students have the opportunity to create their own academic pathways in alignment with their personal and career objectives, with guidance from a program advisor and the dean. The program emphasizes student autonomy in selecting courses and determining their educational journey.

To participate, students must identify their reasons for pursuing a nontraditional degree and discuss proposed courses or concentration areas with the academic advisor. Upon consultation with the student and advisor, the proposed degree plan is reviewed and approved by the dean, with a copy retained in the student's file at the Office of the Registrar.



CHICAGO STATE UNIVERSITY BY THE NUMBERS

CSU is ranked #1 in affordability, for tuition and fees, in the Chicagoland area ³

#1

Top 4% in the nation among colleges and universities for improving graduates' economic mobility ¹

4%

11 Students to every faculty member ²

11:1

15 Division 1 Sports Programs ²

15

70% Faculty are People of Color ²

70%

40 Student organizations ²

40

1. Study by Harvard Economist Dr. Raj Chetty released in 2017
2. CSU data from 2022-2023 Academic Year
3. Best Colleges Online 2023



CHICAGO STATE UNIVERSITY

ADULT INTEGRATED LEARNING PROGRAM

CHICAGO STATE UNIVERSITY

Chicago State University (CSU) is a comprehensive, nationally accredited university with four colleges offering over 70 degree and certificate programs, ample scholarship opportunities and a vibrant campus life.

ADULT INTEGRATED LEARNING PROGRAM

The Adult Integrated Learning Program at CSU offers a bachelor's degree pathway tailored to the needs and schedules of nontraditional students. This program recognizes the diverse educational backgrounds of adult learners and facilitates the transfer of credits earned from other accredited institutions. Students have the option to seek academic credit through prior learning portfolios, showcasing college-level knowledge acquired through non-academic experiences relevant to CSU courses.

It's important to note that the Adult Integrated Learning Program does not lead to licensure in professional fields like teaching or health services. Those seeking such credentials should apply to the appropriate department or college within the University. Individuals holding bachelor's degrees from accredited institutions are not eligible for admission to this program.

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70%

40 Student organizations ²

40

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2. CSU data from 2022-2023 Academic Year

3. Best Colleges Online 2023



Community Programming | Satellite Campus | 7936 S. Cottage Grove Schedule

November 2 – December 21, 2024 | 8 weeks

Fitness

Dancercise with Zumba (Teens/Adults)

Zumba is a fitness/Latin dance program designed to strengthen, trim and tone the entire body. A step-tacular fat-burning, toning and conditioning class focusing on body movement to improve body tone and cardiovascular fitness. **Zumba Gold** is perfect for our active, Seasoned adults who enjoy Zumba vibes at a lower intensity. This is Zumba at a slower pace with more modified moves. Seasoned participants can enjoy Zumba on their feet the entire class or sitting in a chair and still break a sweat. Bring your bottled water!

Instructor: Maya Robinson, Zumba Gold Certified

Sat: Nov. 2, 9, 16, 23, 30, Dec 7, 14, 21, 2024

Time: 11:00 a.m. – 12:00 p.m.

Drop in sessions only \$15.00 per class! All 8 sessions only \$120.00

Min: 6 persons

Jammin with Mz. Georgia (Teens/Adults)

Are you bored with the chore of your weekly exercise routine? Every Saturday morning is a party with Mz. Georgia! Join us in activity that's full of fun and excitement and learn to line dance! This is a great way to boost your metabolism and dance without a partner!

Instructor: Mz. Georgia

Sat: Nov. 2, 9, 16, 23, 30, Dec 7, 14, 21, 2024

Time: 9:00 a.m. – 10:00 a.m.

Fee: \$80.00

Min: 6 persons

Enrichment

Jewelry Making (Teens/Adults)

If you are interested in a variety of crafts, this is the class for you. Set your imagination free as you create jewelry and design wearable art. Be amazed and inspired by the possibilities. You don't have to know everything about jewelry making!

Instructor: Ms. Madie Cannamore, Ed.D.

Sat: Nov. 2, 9, 16, 23, 30, Dec 7, 14, 21, 2024

Time: 10:00 a.m. – 11:00 a.m.

Fee: \$40.00

Min: 6 persons

Beginning Spanish (Youth)

Did you know Spanish is the second most commonly spoken language in our society? Come get introduced to the basics of this beautiful language by learning how to phrase simple sentences and questions, pronounce the names of colors and numbers and more! Uno! Dos! Tres!

Instructor: Ms. Graciela Correa

Sat: Nov. 2, 9, 16, 23, 30, Dec 7, 14, 21, 2024

Ages: 6-8

Time: 10:00 a.m. – 11:00 a.m.

Fee: \$80.00

Min: 5 persons

Sewing (Teens/Adults)

What's in Your Closet? - Update Your Wardrobe

Enhance your wardrobe as you learn the skill of sewing. Learn the necessary basics of standard sewing techniques, features and use of the sewing machine, while also establishing the foundation of garment construction during this upcoming 8 weeks course. All students supply patterns, tools and notions. Supplies must be purchased by the 2nd class.

Instructor: Gloria Brunson

Sat: Nov. 2, 9, 16, 23, 30, Dec 7, 14, 21, 2024

Time: 10:00 a.m. – 11:00 a.m.

Fee: \$225.00

Min: 4 persons

Principles of Career Readiness (Teens/Adults)

Are you looking to enter the job market or make a career change? The course is designed to prepare individuals with skills and knowledge to effectively transition into the workforce. Come learn the essentials of enhancing your communication skills, creating a professional resume, workplace etiquette, career exploration and interviewing. Includes a FREE USB drive to save homework!

Instructor: Dr. Pamela Cannamore

Wed: Nov. 6, 13, 20, 27, Dec. 4, *11, *18

Time: 10:00 a.m. – 11:00 a.m.

Fee: \$75.00

- Schedule will accommodate holiday

Career

Pharmacy Technician (Adults)

This Pharmacy Technician training program will secure a future in the healthcare profession. Pharmacy technicians work under the direction of a licensed pharmacist in various types of pharmacies including retail stores, nursing homes, mail-order pharmacies, and hospitals. This class will teach Pharmacy Law, how to interpret prescriptions, how to avoid medication errors, and prepare you to become a licensed pharmacy technician within the State of Illinois. In addition, students will have the opportunity to gain practical experience through a 40-hour clinical experience at a local pharmacy. After finishing the coursework and clinical experience, students will qualify to take the PTCE (Pharmacy Technician Certification Exam). Students must be 18 years of age or older with a high school diploma or GED and must have a laptop or tablet for Hybrid class sessions.

Instructor: Ms. Karroll Hoffman

Tues & Thur: Nov. 5, 7, 12, 14, 19, 21, 25, Dec. 3, 5, 10, 12, 16, 2024

Time: 11:00 a.m. – 12:30 p.m.

Fee: \$3000.00

*** This is a Workforce Innovation Opportunity Act (WIOA) approved course**

COMING SOON!

Certified Nursing Assistant (Adults)

Students will receive comprehensive instruction and clinical training in an Illinois-approved CNA program. Certified Nursing Assistants work in all types of licensed health care facilities including nursing homes, home health agencies, hospices, hospitals, and intermediate care facilities. This is a (12) week program with an additional week for orientation and review sessions to prepare for the certification examination. Classes meet face-to-face. Students will also complete the required clinical hours that are scheduled in health care facilities. Participants must pass a background check.

REGISTRATION INFORMATION BY MAIL

Complete the attached registration form, sign and mail with your check. Make checks/money orders payable to Chicago State University. Mail registration form and payment to Options Program – JDC 201, CSU, 9501 S. King Drive, Chicago, IL 60628. Please use one registration form for each person registering.

BY PHONE

Register by phone at 773 995- 4466 with a Visa, MasterCard, Discover, or American Express. Be sure to have all the requested information on your registration form when you call.

BRING IN YOUR REGISTRATION

Register in-person in the Options Program office, Jacoby Dickens Athletic Center, Room 201. Office hours are 9:00 am - 5:00 pm, Mon through Fri.

GENERAL INFORMATION

Refer to course description for fees. Fees are payable by check, money order, American Express, Discover, Visa, or MasterCard. See course descriptions for exceptions.

PARKING DECALS

Parking is FREE at the satellite location. Parking decals are available for \$10.00 for students enrolled in Options classes on the main campus. There is a \$5.00 fee to enter the campus. Please note, decals can be purchased in the Parking Department after students have registered. Students enrolled in the university's academic courses are not eligible for Options parking decals. Seniors, 60 and over, enrolled in Options courses, receive FREE parking decals.

CLASS SIZE

The university reserves the right to limit the size of classes and to cancel classes due to insufficient enrollment. **CANCELLING YOUR REGISTRATION** Cancelling your registration: In the event that you must cancel your course registration, we encourage you to send someone in your place by simply informing the Options department of the name change. Registration cancellations by phone or in writing must be received at least seven days prior to the published course start date. Cancellation requests received before the seven-day deadline will result in fees being refunded, less a \$10 administration fee. Processing may take six to eight weeks. We regret that no refund is available when a course registration is cancelled after the seven-day deadline. Failure to read the information contained in this schedule does not constitute exemption from stated regulations.



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PUBLICITY AND PHOTO CONSENT AND RELEASE FORM

I, _____, grant to the Chicago State University ("CSU") and its licensees, successors and assigns (collectively called the "Licensed Parties") worldwide, absolute, and irrevocable permission to use, reproduce, print, and/or publish my name, likeness, image, voice, and/or appearance ("the Material") in any media, including but not limited to photographs, video recordings, audiotapes, digital images in which I may be included intact or in part, composite or distorted in character, sound or form, without restriction as to changes or transformations in conjunction with my own or a fictitious name, or reproduction hereof. I agree that the Material may be used for any purpose consistent with CSU's mission, including in news releases, advertisements, publications, marketing campaigns, media coverage, videos, Web sites, billboards, and any other promotional or educational materials compiled by or on behalf of the CSU. I understand and agree that the CSU has and will have complete ownership of the Material, and that I will not receive any compensation for the use of the Material. I hereby release the Licensed Parties from any and all claims arising out of their use of the Material as agreed to in this document, including without limitation any claims based on the right of publicity or privacy, misappropriation or misuse of image, and/or defamation, including liability by virtue of any blurring, distortion, alteration, optical illusion, or use in composite form whether intentional or otherwise. I further hereby waive any future right to prior review of any use of the Material.

By: _____

Date: _____

Print Name: _____

If the above-named is under age 18: I hereby certify that I am the parent or legal

guardian of _____, named above, and give my full, absolute, and irrevocable consent to the above on behalf of

Signature of Parent (for individual under age 18)

Print Name: _____

Date: _____

REGISTER TODAY!



CHICAGO STATE UNIVERSITY

Fall 2024

Continuing Education Options

No/Sec.	Course Title	Day	Time	Fee

Student's Name _____

Is this your first Options class? _____ Are you attending CSU? _____

If a minor, parent's name _____

Is parent currently attending CSU? _____ Email address: _____

Address _____

City _____ State _____ Zip _____

Day phone _____ Evening phone _____

If I decide to withdraw from the above class(es), I must notify the Division of Continuing Education before the first-class meeting. I understand that I am voluntarily engaging in activities offered under the Options Program and in so doing assume all risk of injury, illness, damage, or loss that may be associated with such activity.

Signature _____ Date _____

FOR MORE INFORMATION

Call Us

773.995.4466

Visit our website

<https://www.csu.edu/continuingeducation/>

Email Us

continuinged@csu.edu



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