Academic Program Articulation Agreement Between

Moraine Valley Community College Fitness Trainer Certificate

Associate in Applied Science in Recreation and Sport Management Associate in Applied Science in Recreation Therapy

Chicago State University Bachelor of Science in Recreation

Moraine Valley Community College and Chicago State University have agreed to develop this articulation agreement to enhance opportunities for students from Moraine Valley Community College to transfer to Chicago State University in the Recreation Major.

The two institutions agree to the following:

- 1. Students should complete a certificate or A.A.S. degree at Moraine Valley as indicated in this agreement
- 2. The MVCC courses listed in this agreement have been reviewed and accepted for transfer to Chicago State University.
- 3. In addition to the courses required for the certificate or A.A.S. degree at Moraine Valley as indicated in this agreement, students may also complete prescribed bridge courses at Moraine Valley prior to admission to Chicago State University.
- 4. Courses to be completed at Chicago State University for completion of the baccalaureate degree are indicated in this agreement
- 5. Each institution will provide the cooperating institution appropriate prior notice of any curriculum changes.
- 6. Both institutions will approve publications and promotional materials about this agreement
- 7. Either institution may dissolve this agreement by giving one year's advance notice to the cooperating institution.
- 8. Communication regarding this agreement will be coordinated through the identified institutional contacts.
- 9. This agreement is effective with the 2015-2016 and 2016-2017 academic years.

Dr. Sylvia Jenkins, President

Dr. Pamela Haney, Vice President

Mr. Bill Barz, Chair, Public Service

Moraine Valley Community College

Chicago State University

5-6-15

Dr. Wayne Watson, President

Dr. Angela Henderson, Provost

Dr. Mark Kutame, Chair, SEPR Dept.

Articulation for Moraine Valley Community College Fitness Trainer Certificate To Chicago State University Bachelor of Science in Recreation Sports Studies Emphasis, Fitness Management Tract

Moraine Valley Community College

Fitness Trainer Certificate

30 semester hours

Required Courses:			
The following courses are required in	order to earn th	e Fitness Trainer Certificate at MVCC:	
PEH-160 Human Movement	3	PEH-172 Nutrition for Today	3
PEH-161 Fitness Methodology	4	PEH-175 Teaching Group Fitness	2
PEH-162 Fitness Testing	3	REC-103 Sport/Recreation Management Careers	3
PEH-163 Fitness Programming	3		
PEH-164 Exercise for Special Popul	ation 3		
PEH-165 Fitness Business Skills & Promotions 3		Elective: Select PEH-171 A Healthy Lifestyle and You	3
		or	
		PEH-170 First Aid	

In addition to the curriculum indicated above, students must meet the graduation requirements as indicated in the MVCC catalog.

Total: 30 semester hours

BRIDGE COURSES

In addition to the courses listed above, students wishing to transfer to CSU to pursue the BS Degree in Recreation may complete an additional 36 hours selected from the following prior to admission to CSU.

COM-101 Composition I	3	BIO-111 General Biology I	4
COM-102 Composition II	3	BIO-115 Anatomy & Physiology	5
COM-103 Speech Fundamentals	3	Physical and Life Science:	
Humanities /Fine Arts:		Select any IAI course	
Select any IAI course	3,	SOC-101 General Sociology	3
Foreign Language:		PSC-110 American National Government	3
Two course sequence in one language	8	PSY-101 Introduction to Psychology	3
Mathematics:		PEH-152 Lifetime Activities	2
Choose a MTH IAI course	3	PEH-154 Team Sports	2
REC -120 Recreation & Sport Programming 3		Electives	6
PEH-190 Outdoor Recreation and Nature Study 3		Choose from: BUS-105, 110, 130, 142,	
REC-182 Recreation for Special Populations 3		143, 231, ECO-101, 102	

Total: Not to exceed 36 semester hours at Moraine Valley

NOTE: No more than a total of 66 semester hours will be accepted in transfer to CSU

Students should apply to Chicago State University approximately one year in advance of the term of intended admission.

Chicago State University

Bachelor of Science in Recreation Sports Studies Emphasis Fitness Management Tract

Minimum 56 semester hours

Completion of remaining Bridge courses listed above and the following:

REC-2000 Program Planning for Leisure Services	3 (Met if REC-120 is completed at MVCC)
REC-2010 Philosophy of Leisure and Recreation	3
REC-2070 Use of Technology for PE and Rec. Professionals	3
REC-2300 Outdoor Recreation and Team Building	3 (Met if PEH-190 is completed at MVCC)
REC-4000 Facility Management and Design	3
REC-4240 Management of Leisure Service Delivery Systems	3
REC-4300 Overview of Therapeutic Recreation Services	3 (Met if REC-182 is completed at MVCC)
REC-4500 Program Evaluation and Research in Leisure and Rec.	3
REC-4540 Seminar and Methods for Recreation Field	3
REC-4750 Field Experience in Recreation (Internship)	9
PE-3030 Physiology of Exercise	3
Choose one from:	
REC/PE2360, PE 2380, PE 2390	2 (Met if PEH 152 completed at MVCC)
REC-4100 Commercial Recreation	3

Total: Minimum 56 semester hours must be completed at Chicago State University

In addition to the curriculum indicated above, students must meet the graduation requirements as indicated in the Chicago State University catalog. NOTE: Credits earned in English Composition I and II are accepted; however, all students, including transfer students, must pass the English Qualifying Examination in order to graduate. ALSO NOTE: All students, including transfer students, whose majors require them to take a course for which the math placement exam is required as a prerequisite, must take the exam and take the course or courses prescribed by the examination results.

Students may also waive PE/REC 2360 at Chicago State University if they have a current Water Safety Instructor Card from ARC or a Lifeguard Certificate. Students may also waive HS 1570 if they have a current CPR card.

Total for Bachelor of Science in Recreation: 121 semester hours

Articulation for

Moraine Valley Community College Associate in Applied Science in Recreation Management

Chicago State University Bachelor of Science in Recreation Recreation Management Emphasis

Moraine Valley Community College

Associate in Applied Science in Sport & Recreation Management

64 semester hours

Required Courses:

The following courses are required in order to earn the A.A.S. in Recreation Management at Moraine Valley Community College.

BIO-111 General Biology	4	REC-102 Older Adult Recreation and Wellness	3	
COM-101 Composition I	3	REC-120 Recreation and Sport Programming	3	
COM-102 Composition II	3	REC-124 Facility and Sport Management	3	
COM-103 Speech Fundamentals	3	REC-180 Perceptual Motor Development	3	
MTH-120 General Education Mathematics	3	REC-182 Recreation for Special Populations	3	
PSY-101 Introduction to Psychology	3	REC-201 Applied Leadership Essentials	3	
SOC-101 Introduction to Sociology	3	REC-205 Professional Issues	2	
Select 3 credits from Humanities/Fine arts	3	REC-233 Recreation Management Practicum	3	
IMS-115 Introduction to PC Applications	3	REC-237 Recreation Management Seminar	1	
REC 103 Sport/Recreation Mgmt. Careers	3	Select 9 hours of electives from:	9	
		BUS-110, BUS-231, PEH-170, PEH-190, and/or	RTM-	101
		You can also elect to choose ONE of the following as par	t of the	e
		9 credits: ART-107,CCA-106, COM-201, IMS-101,		
		LSC-109,PSY-201, RTM-101, SLP-106 or THE-1.	50	

In addition to the curriculum indicated above, students must meet the graduation requirements as indicated in the Moraine Valley Community College catalog.

Total: 64 semester hours

Bridge Courses

In addition to the courses listed above, students wishing to transfer to Chicago State University to pursue the Bachelor of Science Degree in Recreation may transfer an additional 2 semester hours selected from the following:

Foreign Language:

Two course sequence in one language	8
BIO-112 General Biology II	4
PSC-110 American National Government	3

Students may also waive PE/REC 2360 at Chicago State University if they have a current Water Safety Instructor Card from ARC or a Lifeguard Certificate. Students may also waive HS 1570 if they have a current CPR card.

NOTE: No more than a total of 66 semester hours will be accepted in transfer to CSU.

Students should apply to Chicago State University approximately one year in advance of the term of intended admission.

Chicago State University

Bachelor of Science in Recreation Recreation Management Emphasis

Minimum 58 semester hours

Completion of remaining Bridge courses listed above and the following:

PHS-1080 Critical Thinking about Technology	3
Natural Science Elective	3-4
REC-2010 Philosophy of Leisure and Recreation	3
REC-2300 Outdoor Recreation and Team Building	3 (Met if PEH-190 is completed as elective at MVCC
REC-4240 Management of Leisure Service Delivery Systems	3
REC-4500 Prog. Eval. and Research in Leisure and Recreation	3
REC-4540 Seminar and Methods for Recreation Field	3
REC-4750 Field Experience in Recreation (Internship)	9
REC-4100 or 4400 Commercial or Community Recreation	3
Any Recreation, PE, or SEPR elective	3
HS 1570 First Aid	2 (Met if PEH-170 is completed as elective at MVCC
PE 2140 Movement Concepts and Dance Activity	2
REC/PE 2360 Aquatics for PE and Recreation Professionals	2
PE 2380 Lifetime Sports	2
PE 2390 Team Sports	2
Electives/Supportive Courses	9
Dependent upon electives completed at MVCC	

Total: Minimum 58 semester hours must be completed at Chicago State University

In addition to the curriculum indicated above, students must meet the graduation requirements as indicated in the Chicago State University catalog. NOTE: Credits earned in English Composition I and II are accepted; however, all students, including transfer students, must pass the English Qualifying Examination in order to graduate. ALSO NOTE: All students, including transfer students, whose majors require them to take a course for which the math placement exam is required as a prerequisite, must take the exam and take the course or courses prescribed by the examination results.

Total for Bachelor of Science in Recreation: 121 semester hours

Articulation for

Moraine Valley Community College Associate in Applied Science in Recreation Therapy

To

Chicago State University Bachelor of Science in Recreation Therapeutic Recreation Emphasis

Moraine Valley Community College

Associate in Applied Science in Recreation Therapy

62 semester hours

Required Courses:

The following courses are required in order to earn the A.A.S. in Recreation Therapy at Moraine Valley Community College.

BIO-115 Anatomy and Physiology	5	THR-150 Recreation Therapy Techniques I	3
COM-101 Composition I	3	THR-152 Recreation Therapy Techniques II	3
COM-102 Composition II	3.	REC-180 Perceptual Motor Development	3
COM-103 Speech Fundamentals	3	REC-182 Recreation for Special Populations	3
MTH-120 General Education Mathematics	3	REC-201 Applied Leadership Essentials	3
PSY-101 Introduction to Psychology	3	REC 205 Professional Issues	3
SOC-101 Introduction to Sociology	3	THR-233 Recreation Therapy Practicum	3
Select 3 credits from Humanities/Fine Arts	3	THR-237 Recreation Therapy Seminar	1
REC-101 Introduction to Wellness Professions	3	Select 9 hours of electives from:	9
REC102 Older Adult Recreation & Wellness	3	PEH-160, PEH-170, PEH-190, PSY-104	1,
		PSY-205, SPA-101, SPA-102	

In addition to the curriculum listed above, students must meet the graduation requirements as indicated in the Moraine Valley Community College catalog.

Total: 62 semester hours

In addition to the courses listed above, students wishing to transfer to Chicago State University to pursue the Bachelor of Science Degree in Recreation may transfer an additional 4 semester hours selected from the following:

Foreign Language:

Two course sequence in one language

8 (Met if completed as elective at MVCC)

BIO-112 General Biology II

PSC-110 American National Government

REC-120 Recreation and Sports Programming

3 (REC 2000 at CSU)

Students may also waive PE/REC 2360 at Chicago State University if they have a current Water Safety Instructor Card from ARC or a Lifeguard Certificate. Students may also waive HS 1570 if they have a current CPR card.

NOTE: No more than a total of 66 semester hours will be accepted in transfer to CSU.

Students should apply to Chicago State University approximately one year in advance of the term of intended admission.

Chicago State University

Bachelor of Science in Recreation Recreation Therapy Emphasis

Minimum 66 semester hours

Completion of remaining Bridge courses listed above and the following:

Natural Science elective	3-4
PHS-1080 Critical Thinking about Technology	3
REC-2010 Philosophy of Leisure and Recreation	3
REC-2070 Use of Technology for PE and Rec. Professionals	3
REC-2300 Outdoor Recreation and Team Building	3 (Met if PEH-190 is completed at MVCC)
REC-4000 Facility Management and Design	3
REC-4240 Management of Leisure Service Delivery Systems	3
REC-4300 Overview of Therapeutic Recreation Services	3 (Met if THR-150 completed at MVCC)
REC-4310 Principles & Clinical Practices in Therapeutic Recreation	3
REC-4320 Program Design & Evaluation in Therapeutic Recreation	3(Met if THR-152 completed at MVCC)
REC-4440 Issues, Trends & Contemporary Problems in TR	3
REC-4500 Prog. Eval. and Research in Leisure and Recreation	3
REC-4540 Seminar and Methods for Recreation Field •	3
REC-4750 Field Experience in Recreation (Internship)	9
HS-1570 First Aid	2 (Met if PEH-170 is completed as elective at (MVCC)
PE-2140 Movement Concepts and Dance Activity	2 (Met if PEH-150 is completed as elective at (MVCC)
REC/PE 2360 Aquatics for PE and Recreational Professionals	2
PE-2380 Lifetime Sports	2
PE-2390 Team Sports	2
Electives/Supportive Courses	
Dependent upon electives completed at MVCC	

Total: Minimum 66 semester hours must be completed at Chicago State University

In addition to the curriculum indicated above, students must meet the graduation requirements as indicated in the Chicago State University catalog. NOTE: Credits earned in English Composition I and II are accepted; however, all students, including transfer students, must pass the English Qualifying Examination in order to graduate. ALSO NOTE: All students, including transfer students, whose majors require them to take a course for which the math placement exam is a required prerequisite, must take the exam and take the course or courses prescribed by the examination results.

Total for Bachelor of Science in Recreation: 121 semester hours