

Leave No Child Inside

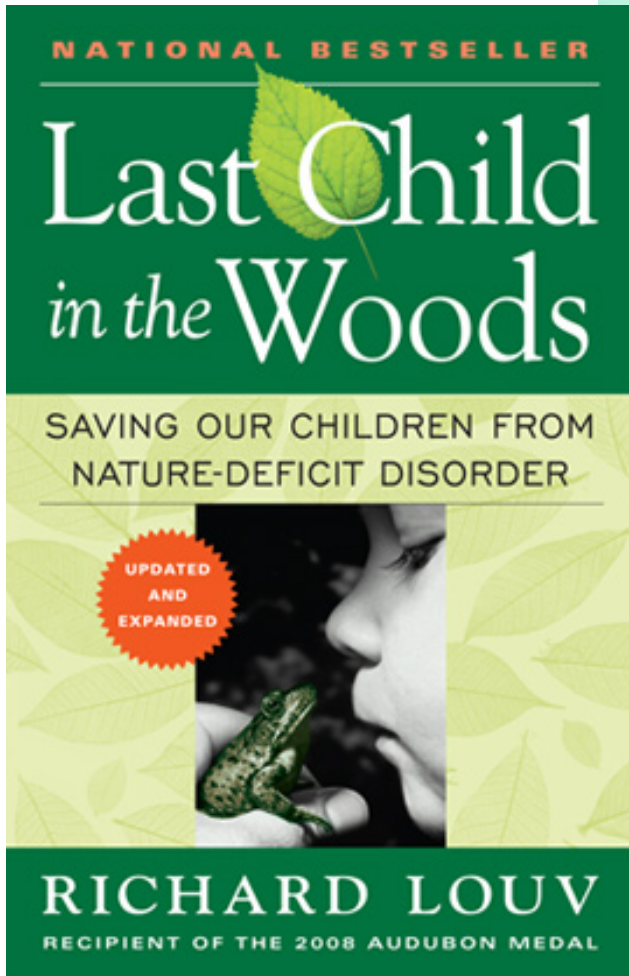
A Regional Initiative to Reconnect Children and Nature

Emilian Geczi

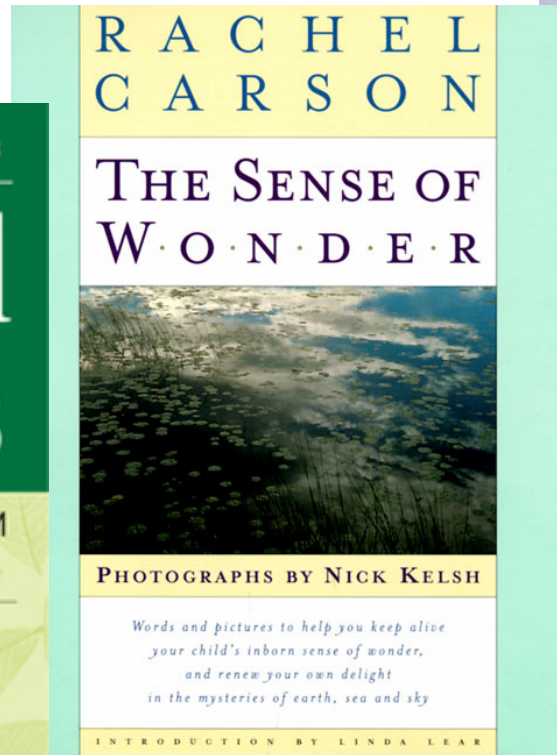
Chicago Wilderness



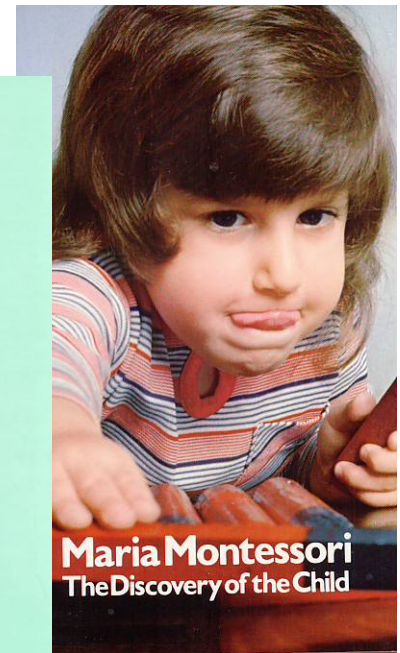




2005



1965



1909

“...a fundamental shift **away** from nature-based recreation...”

Pergams & Zaradic, 2008

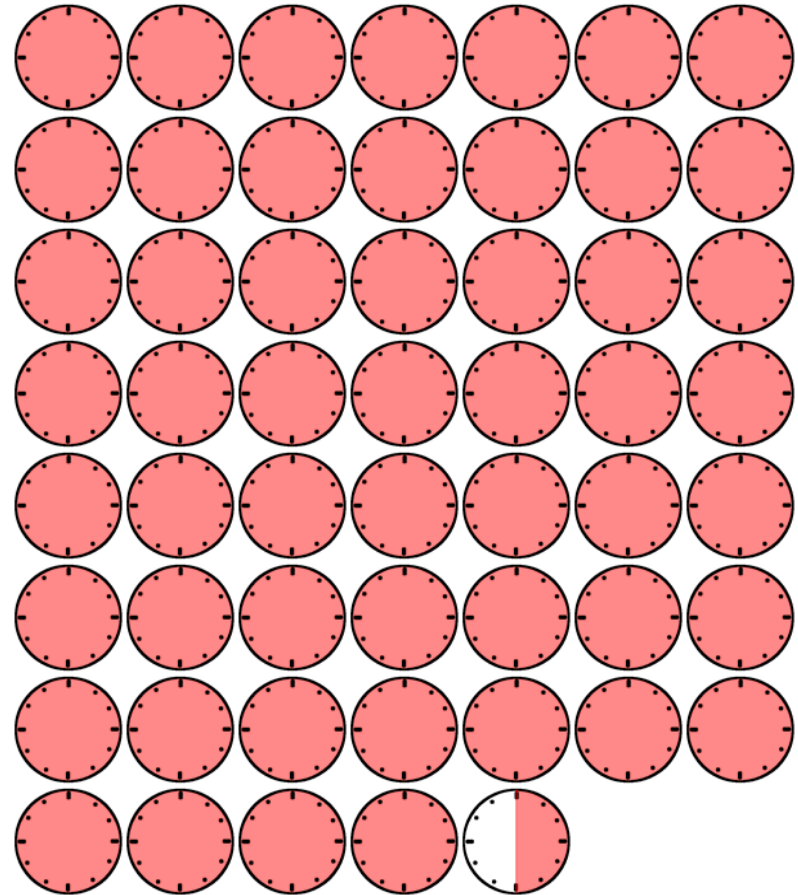
unstructured outdoor time:



30 mins / week

Hofferth, 2008

screen time:
53 hours 26 mins / week



Kaiser Family Foundation, 2009

“...potential to improve all aspects of **children’s well-being:**
physical, emotional, social, and cognitive.”

Burdette & Whitaker, 2005

“...relationship to **adult** environmental attitudes and behavior.”

Wells & Lekies, 2006



a campaign and resources that **connect** programs and missions



Tricky Tracks

Tuesday, February 3 10 - 11 am
Monday, February 9 1 - 2 pm
Friday, February 13 10 - 11 am
Thursday, February 18 1 - 2 pm

Find out what animals have been active



Leave No Child Inside!"

and Conservation Programs

ives & Trails



CALUMET STEWARDSHIP INITIATIVE

News and Events

2008 MAY • JUNE • JULY • AUG

r's free,
n May 15 in

A Call to Action: "Leave No Child Inside"

By Kirk Anne Taylor, The Field Museum

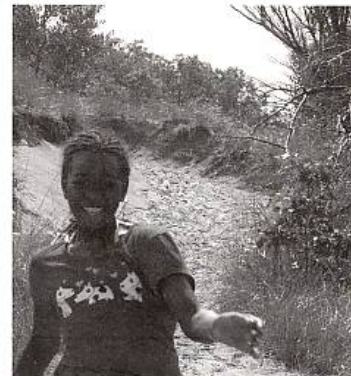
Calumet Stewardship Initiative is participating in a national movement focused on reconnecting children with nature. A growing body of research has shown that children today, more than in generations past, grow up with few direct experiences in nature.

Sparked by Richard Louv's groundbreaking book, *The Last Child in the Woods*, the *Leave No Child Inside* campaign was formed to address the gap between children and nature. In the Chicago region, the Calumet Stewardship Initiative has joined forces with Chicago Wilderness to raise awareness of

the importance of nature to the physical, intellectual, and emotional well-being of children.

Among the benefits of nature to children are an increased ability to concentrate and cope with stress, improved motor coordination, a reduction in the symptoms of ADD and ADHD, and increased creativity in play. Several studies conducted in public housing communities in Chicago showed that:

- Teenage girls with green views outside of their windows performed significantly better on tests of concentration, and inhibit-



ed daily,
ber. Go fish!

y is taking
reated by
[id More >>](#)

Day with the
ecial

- Follow a trail
- Learn to swim
- Plant a flower
- Play in the mud

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17540 W. Laraway Road, Joliet, IL 60433
815.727.8700 8:00 a.m. - 4:00 p.m. Weekdays

collaborative initiatives and programs



Children's Outdoor Bill of Rights

Every child should have the opportunity to:

- 1 Discover wilderness — prairies, dunes, forests, savannas, and wetlands
- 2 Camp under the stars
- 3 Follow a trail
- 4 Catch and release fish, frogs, and insects
- 5 Climb a tree
- 6 Explore nature in neighborhoods and cities
- 7 Celebrate heritage
- 8 Plant a flower
- 9 Play in the mud or a stream
- 10 Learn to swim



MONTH

Google

leave no child inside
a chicago wilderness initiative

Month!

tion, the Chicago
and partners' June
amilies with nature.
ne bottom of the
the month of June):



Click on the map to narrow the listing of events by county (currently, we only have information for the counties displayed in the darker shade of green). To list only events taking place outside the Chicago Wilderness region, click [here](#).

ure 7am

5pm-7pm

le, 9:30-10:45am

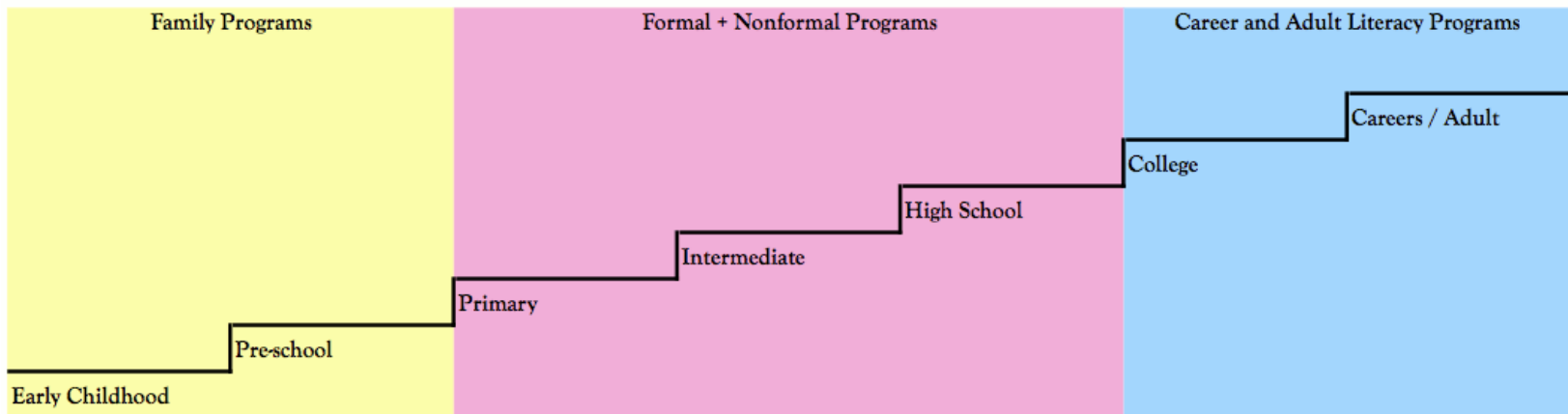
7pm-9pm

le, 9:30am-10:30am

10-11am

6am-7pm

next challenge: the CW Conservation Education Ladder



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chicagowilderness.org/members
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