

Chicago State University is fully open for in-person instruction, classes, activities, and events during the 2022-2023 academic year with precautions that align with the latest public health guidance.



## CHICAGO STATE UNIVERSITY

Last updated: August 4, 2022

### **Staying Safe: University Protocol For COVID-19 Confirmed Cases & Symptoms**

**Confirmed positive COVID test?** Then take the following steps:

1. Stay home. Do not come to campus. **Isolate for the minimum of days that the prevailing health protocols require.**
  - a. If you live in the Residence Hall, move to an isolation room by contacting the Residence Hall Director <[rking31@csu.edu](mailto:rking31@csu.edu)>.
2. Report the case to CSU:
  - a. Inform the CSU COVID-19 Task Force Director by filling out the COVID-19 Report Form (available on Cougar Connect and <https://www.csu.edu/covid19updates>) and sending the form to Human Resources <[tjenki22@csu.edu](mailto:tjenki22@csu.edu)>.
  - b. Upload your positive test result to [Med+Proctor](#)
  - c. Students: Also alert all of your instructors and the Office of the Provost <[provost@csu.edu](mailto:provost@csu.edu)>.
  - d. Faculty and Staff: Also alert your direct supervisor and HR <[tjenki22@csu.edu](mailto:tjenki22@csu.edu)>.
3. Take care of yourself, which should include consulting with your physician or health care provider and isolating as they recommend.
4. Ending Isolation
  - a. If you have symptoms: End isolation after 5 days if you are fever free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.\*
  - b. If you did not have symptoms: Isolate for 5 days following your positive test result. If you are still not experiencing any symptoms you may end isolation.\*
  - c. If you are severely ill with Covid-19: You should isolate for 10 full days and consult with your physician before ending isolation.

**\*After ending 5 days of isolation take precautions until day 10, including wearing a well-fitting mask.**

**Contact Tracing:** CSU will take immediate steps in accordance with health guidelines to protect the campus community. The Wellness Center/HR will use the COVID-19 Reporting Form to help conduct contact tracing. The information you submit is confidential and is only used for contact tracing purposes.

Chicago State University is fully open for in-person instruction, classes, activities, and events during the 2022-2023 academic year with precautions that align with the latest public health guidance.

## **COVID-19 Exposure**

What is exposure? According to the [CDC](#), a COVID-19 exposure is being in **close contact** (within 6 feet) of someone who has tested positive for the virus for a cumulative total of 15 minutes or more over a 24-hour period. The CDC recommends the following actions, based on exposed individuals' vaccination status:

### Non-vaccinated individuals:

- You should get tested immediately and if first test negative, test again in 5 to 7 days after you were exposed to the virus.
- Stay home and away from people for at least 5 days, day 0 through day 5 after your last close contact with a person who has tested positive for COVID-19. Day 0 is the day you were exposed, day 1 is the following day.
- For 10 days after your last close contact with someone with COVID - 19 watch for fever (100.4°F), cough, shortness breath, or other symptoms of COVID-19.
- If you develop symptoms, get tested immediately and isolate until you receive test results. If you test positive, follow isolation guidelines. Contact your healthcare provider, your local public health authority, and the University COVID-19 Task Force Director.
- If you test negative you can leave home, but continue to wear a well-fitting mask when around others at home and in public until 10 days after your last close contact with someone with COVID-19.
- If you have symptoms, immediately isolate and contact your local public health authority or healthcare provider.

### Vaccinated individuals:

- If you are fully vaccinated, you do NOT need to quarantine after close contact with someone who had COVID-19 **unless you have symptoms**. For this purpose, fully vaccinated means completion of the initial series for the respective vaccine you have received.
- You should get tested at least 5 days after close contact exposure, even if you don't have symptoms.
- You must wear a well-fitting mask indoors on campus property at all times and in public for 10 days following close contact exposure or until your test result is negative.

Protocol if Exposed: Describe the exposure through an email sent to [coronavirus@csu.edu](mailto:coronavirus@csu.edu) if you are a student and to [tjenki22@csu.edu](mailto:tjenki22@csu.edu) if you are an employee. They will help you determine the appropriate course of action.

This guidance reflects the latest public health guidance. We will update our protocol as public health guidance changes.

Together, we can protect the Cougar Community.